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**THE WANGJING WOMEN AND GIRLS  
SOCIETY (WWAGS)**

Wangjing - Manipur



### Foreword


The Wangjing Women & Girls' Society (WWAGS) is a non-profit organization registered in 1962 under the Societies Registration Act, 1860. It was established in the year 1958 by some social workers of Wangjing Village, Manipur under the leadership of (late) Shri Laishram Suvakumar. Since its inception, the organization has been implementing various projects related to the vulnerable and downtrodden sections of the society, mainly women and girls. The society has been successfully rendering valuable helps, services and counselling to develop the quality of life and economy of various target groups.

The organization is working tirelessly in the following sectors to assist the Government and society at large by making partnership with National and International agencies.

- Care for aged persons under MSJ&E, Govt. of India.
- Micro-finance for poverty hit families
- Vocational / entrepreneurship /skill development training for school dropped out youths
- Urban Livelihood Projects
- Rural Livelihood Projects
- SHGs / Farmers Clubs Development Projects
- Modern agriculture & organic agriculture
- S.C. Development Projects
- ST and Minority Communities development projects
- Start -Up Village Entrepreneurship Programme (SVEP)

I am thankful to our partners for availing the necessary fund timely for the projects. My thanks goes to the concerned Ministries of Government of India, State Government machineries, NABARD, NEDFi, MRB and other Private Companies for extending their support to the beneficiaries through our Organization. I extend my warmest gratitude to all the people of the project area for giving their full cooperation and contribution. I sincerely appreciate the commendable roles and collective efforts of all my staffs who are involved in successful conduct of the work programmes.

Wangjing  
The 15<sup>th</sup> April, 2023



(L. Premananda Singh)

General Secretary

**Hony. General Secretary**  
**Wangjing Women & Girls Society**  
**Manipur-India**

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**PROGRAMME SECTION**

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## Senior Citizen Home for Older Women

The Wangjing Women and Girls Society (WWAGS) has been running 7 **Senior Citizen Homes for Older Women** since 1<sup>st</sup> March 2018 as a continuation project after converted from the existing DCCs into Senior Citizen Homes.

Before some decades, there was a high civility in Manipur society. Younger people used to show politeness to aged persons. But in contemporary society the attitude of politeness to the aged persons is corroding as spiritual outlook and is not headed by the people of this modern time. As a matter of fact, the children who were living with their parents by way of a union in a family have even neglected to attend upon their parents in all respect due to family separatism, their children's jobs servicing abroad or in far urban cities thereby making the aged persons suffer from many problems due to lack of adequate social security financial support, happily existing life and emotional and physical circumstances. So many aged persons neglected by their children and relatives are now living in traumatic conditions in Manipur and numbers of such aged persons in Manipur are increasing day by day. And to redress such problems of the aged persons in Manipur, the organization has implemented a project entitled as "**Senior Citizen Home for Older Women**" in 7 (seven) locations in Six Districts of Manipur State. There are 175 aged women enrolled as beneficiaries of the project by limiting 25 aged women in each centre.

### Details of the Seven Senior Citizen Home for Older Women Run By WWAGS:

1. **Senior Citizen Home for Older Women, Wangjing:** This Senior Citizen Home is located at Wangjing S.K. Leikai, Thoubal District, Manipur, India. Wangjing Village is surrounded by many villages namely, Lamding, Tentha, Sambram, Tekcham, Sapam, Khongjom, Heirok, Kairembikhok, Uyal, Wangbal, Khangabok and Sangaiyumpham. The number of beneficiaries enrolled in this centre is 25. Mushroom Cultivation is one of the main activities performed by the beneficiaries of this Sr. C. Home. Some of the products are used for preparing curry in the home. The remaining is sold to the vegetable vendors who come to collect the products in the home so that they can earn little money for their extra uses.
2. **Senior Citizen Home for Older Women, Thongjao:** Thongjao is a unique village in which most of the villagers are expert in the field of pottery. Pottery can be done by older people too as it requires skill with less strength. A senior citizen home for older women is set up at Thongjao Awang Leikai, Kakching District Manipur near the Imphal Sugunu Road. The number of beneficiaries enrolled in this centre is 25. Pottery is one of the major activities done by the elder women of this Senior Citizen Home.



3. Senior Citizen Home for Older Women, Naranseina: Naranseina village is located in Bishnupur Tehsil of Bishnupur District in Manipur, India. Naranseina village comes under Moirang Assembly Constituency and Inner Manipur Parliamentary Constituency. It is a remote area which is 12 km, away from the district head quarter of Bishnupur District. WWAGS select Naranseina village to set up a



Senior Citizen Home so that the helpless, ignored or battered older women from any village or town of Manipur can come and stay in the SCHOW without any struggle. The number of beneficiaries enrolled in this centre is 25. Mushroom Cultivation is one of the main activities performed by the beneficiaries of this Sr. C. Home. Some of the products are used for preparing curry in the home. The remaining is sold to the vegetable vendors who come to collect the products in the home so that they can earn little money for their extra uses.

4. Senior Citizen Home for Older Women, Ngaikhong Khullen: Ngaikhong Khullen is a large village located in Bishnupur District, Manipur, India. The neighbouring villages of ngaikhong Khullen are Ngaikhong Siphai, Ngakchoupokpi, Toubul, Bishnupur, Khoijuman, Kwaksiphai etc. The number of beneficiaries enrolled in this centre is 25. Candle and Agarbati making are some of the activities performed by the elder women of the home. Some of the products are used in the home and the remaining is sold for their extra uses.



5. Senior Citizen Home for Older Women, Gahtao Village (Khoupum): Gahtao Village is a part of Khoupum Sub-division of the hill District Noney, Manipur, India. Most of the population belongs to scheduled Tribe of Manipur. Gahtao village is surrounded by many other hill villages and the economic condition of most of the families in these hill areas are very bad. Hence a Senior Citizen Home is set-up by WWAGS at Gahtao village (Khoupum Valley) to enable the helpless ignored or battered older women from



any village or town of Manipur to come and stay in the home. The number of beneficiaries enrolled in this centre is 25. Mushroom Cultivation is one of the main activities performed by the beneficiaries of this Sr. C. Home. Some of the products are used for preparing curry in the home. The remaining is sold to the vegetable vendors who come to collect the products in the home so that they can earn little money for their extra uses.



6. Senior Citizen Home for Older Women, Dawrkawn: Dawrkawn village is a part of the hill town Pherzawl which is the head quarter of Pherzawl District, Manipur, India. Since Pherzawl town was founded by the Hmars, majority of the inhabitants are Hmar. The economic condition, transportation and Communication in the neighbouring hill areas are under development. Considering all these factors, a Senior Citizen Home is set-up by WWAGS for older women who are above 60 years but helpless ignored or battered. The number of beneficiaries enrolled in this centre is 25.

7. Senior Citizen Home for Older Women, Jiribam: Jiribam is a Municipal Council in the Jiribam district of Manipur, India. The town is located on the western most boundary of Manipur state. It is also known as the western gate of Manipur. Jiribam town is a valley area which is 200.5 km away from Imphal, the capital of Manipur. These two valley areas Jiribam and Imphal are separated by two hill districts, Noney District and Tamenglong District of Manipur. So a shelter of elderly women called Senior Citizen Home for Older Women is set-up by WWAGS at Jiribam town, ward no 9 so that older women who are above 60 years but helpless ignored or battered can come and stay at this home without any difficulty. The number of beneficiaries enrolled in this centre is 25. Candle and Agarbati making are some of the activities performed by the elder women of the home. Some of the products are used in the home and the remaining is sold for their extra uses.



The facilities available in the 7 centres for the aged persons are given as follows:

1. Nutritional refreshments including lunch, dinner, tea and snacks.
2. Recreation facilities like Newspapers, Magazine, Storytelling of folk tales and vocational programmes
3. Medical check-up including eye - care and providing food supplements etc.
4. Yoga practice with the Yoga Therapist for everyday in the morning/evening.
5. Providing shelter and care of the elder women to the Aged homes
6. Outing to religious places.



## Micro-Finance Intervention for Poor Families

The BPL families in Thoubal District are 78% of the total population of Thoubal District approx. They depend on the local money lenders for their small credit to invest in their business. The rate of interest ranges from 4% to 10% per month. To address the hardship and problems of these poor vulnerable sections of the society under Thoubal District, the project christened as Leirik Micro-Finance Project under the mission - Micro Finance intervention for poor families was virtually launched to bring the poor families residing in Thoubal District in General out of the severe eventualities of poverty by the Wangjing women and Girls Society (WWAGS) on the 24th February, 2012. This project can, to some extent sort out of the toll of poor encountered by the poor in Thoubal District, which they have to pay 4% to 10% in respect of interest to money lenders for their small loan to invest their business resulting in tremendous economic distress in their lives swing to their dependency to the clutch of local money lenders. It was firstly started with its own fund of the society and later it was leased with Manipur Rural Bank (MRB), Manipur State Cooperative Bank (MSCB) and NEDFi in point of fund development leap.

Under this project the two groups namely "Joint liability Groups (JLGs) comprised of 5 individuals and Self Help Group (SHGs) comprised of 10 individuals were instituted and the members of the two groups are women belonging to poor families. So far it has achieved a gigantic breakthrough in the performance dimension for the alleviation of poverty in Thoubal District through the JLGs and SHGs. Consistent support to its endeavour is endlessly raising at present

### Achievement of MF intervention

Sr. No	Sr. No	Financial years						
		2015-16	2016-17	2017-18	2018-19	2019-20	2020-21	
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	
	No. of group clients	(a) JLGs (Nos)	359	359	256	366	370	390
		(b) SHGs (Nos)	61	122	235	289	290	380
		420	420	481	491	655	660	770
2	Total disbursement ( Rs. in lakhs)	92.91	99.12	102.20	136.41	158.41	207.47	
3	Principal recovered ( Rs. in lakhs)	43.21	22.11	32.12	59.9	97.12	118.42	
4	Principal outstanding ( Rs. in lakhs)	49.70	88.01	70.08	76	61.21	89.05	
5	Interest generated ( Rs. in lakhs)	9.70	10.90	14.60	16.71	22.42	32.11	
6	Interest refundable ( Rs. in lakhs)	--	--	--	--	--	--	
7	Average loan size per individual clients ( Rs. in lakhs)	0.50	0.50	0.50	0.50	0.50	1.00	
8	Repayment Rate (%)	89.94	50.16	45.83	96.00	98.00	84.21	

## Activity wise % disbursement

Sr. No.	Sectors	2016-17	2017-18	2018-19	2019-20	2020-21
(a)	(b)	(c)	(d)	(e)	(f)	(g)
1	Farm sector	34%	35%	30%	30%	30%
2	Non-Farm sector	59%	61%	70%	70%	70%
3	Service Sector	7%	4%	--	--	--

## Vocational/Entrepreneurship Training Program for Youths

## Jan Shikshan Sansthan, Thoubal

Skill development training program is a remarkably significant programme initiated and launched by WWAGS, which was started in 2002 for the school drop-out youths in Thoubal District. The profundity and range of promise of this project is to a composite knowledge of vocational/skill development to youths with a view to enable to keep abreast of the contemporary transition phenomena of social living with a view to culture in the globe, to dispose of unemployment problems meted to budding youths to usher their happy survival sustainability.



This programme is largely limited to the youths in Thoubal District. The categories of youths who are imparted with training under this project were classified as under:

- i) Non literates
- ii) Neo-literates
- iii) Rudimentary unemployed youths.

This programme has been being implemented under the aegis of Dept. of School Education & Literacy, Ministry of Human Resource Development, Govt. of India under its flagship programme entitled as **Jan Shikshan Sansthan (JSS)** or **Institute of People's Education (IPE)** formally known as **Shramik Vidyapeeth**. The program was registered as an entity on 2<sup>nd</sup> July, 2005 to function independently and separately from WWAGS. This was done in compliance with the direction of Govt.



of India. Even though it has been functioning as separate entity, it has been working in close association with WAGSS till today. Total number of 15,295 youths were registered and calculated about the inputs of Skill Development training centre around various sectors during the last 18 years.

*(a) No. of youths who received Vocational trainings under JSS / IPE project :*

During the last 5 years, the number of passed out trainees in each year were above one thousand with the highest figure recorded in the year 2017-18 i.e. 1803 and the figures declined in the following years.

During the last 5 years, the category of youths who had got maximum skill training were the Rudimentary youths (48.6%) which is closely followed by Neo-Literates (28%), then 12 Standard (18.9%) and Non Literates (4.6%).

*(b) Sex wise distribution of trainees under JSS Program*

Out of 7966 trainees who were trained in the last 5 years, women trainees were the maximum (73.9%) and male trainees were nominal (25.9%). The year-wise progresses of trainees (sex-wise) are shown below.

Years	No. of Trades	Person admitted	Male		Female	
			Nos.	%	Nos.	%
(a)	(b)	(c)	(d)	(e)	(f)	(g)
2018-19	9	1490	162	10.8	1328	89.1
2019-20	6	1087	81	7.4	1006	92.5
2020-21	11	1787	516	28.8	1271	71.1
2021-22	17	1799	627	34.8	1172	65.1
2022-23	11	1799	680	37.7	1119	62.2

*(c) Distribution of trainees by Social Background under JSS Program.*

During the last 5 years annual training, youth belonging to OBC were maximum (79.1%) followed by SC (14.6%) and ST (4.2%) respectively as indicated below.

Years	Total No. of Trainees	ST		SC		OBC		Others	
		Nos.	%	Nos.	%	Nos.	%	Nos.	%
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)
2018-19	1490	40	2.7	222	15.0	1228	81.3	--	--
2019-20	1087	39	3.6	141	13.0	907	83.3	--	--
2020-21	1787	180	10.0	247	13.8	1206	67.5	154	8.6
2021-22	1799	40	2.2	280	15.5	1479	82.2	--	--
2022-23	1799	40	2.2	280	15.5	1479	82.2	-	-

*(d) Distributions of trainees by Age under JSS Program*

During the last 5 years annual training, youths belonging to the age group between 15 to 35 were 78.3%. There was no participant belonging to the age group between 15 and below.

Years	Total No. of Trainees	15 to 35 years		35-45 years	
		Nos.	%	Nos.	%
(a)	(b)	(c)	(d)	(e)	(f)
2018-19	1490	1319	88.5	171	11.4
2019-20	1087	938	86.2	149	13.7
2020-21	1787	1468	86.6	319	17.9
2021-22	1799	1191	66.2	608	33.7
2022-23	1799	1320	73.3	479	26.6

*(e) Distributions of trainees by Literacy under JSS Program:*

During the last 5 years annual training, youths belonging to the category with some education applied maximum and got trained. Their percentage was 48.6% followed by neo literate youths which stands at 28% as shown below.

Years	Total No. of Trainees	Illiterates		Neo-literates		With some education		12 Standard	
		Nos.	%	Nos.	%	Nos.	%	Nos.	%
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)
2018-19	1490	158	10.6	589	39.5	743	49.9	--	--
2019-20	1087	75	7.0	647	59.5	363	33.4	--	--
2020-21	1787	47	2.6	429	24.0	935	52.3	376	21.0
2021-22	1799	37	2.0	286	15.8	929	51.6	547	30.4
2022-23	1799	32	1.7	279	15.5	903	50.2	585	32.5

*(f) Trade wise Nos. of Trainees:*

Out of 7962 trainees who were trained in the last 5 years, trainees who got training on “Fruit, Vegetable Processing & preservation” were maximum (14.8%) which was followed by Embroidery (8.5 %) and Toy making (6 %) respectively as shown below.

SL. No.	Trades	Financial Years					Total	%
		2018-19	2019-20	2020-21	2021-22	2022-23		
(a)	(b)	(a)	(d)	(e)	(f)	(g)	(h)	(i)
1	Fruit, Vegetable Processing & preservation	408	340	157	--	279	1184	14.8
2	Toy Making	200	280	-	--	--	480	6
3	Cutting & tailoring	120	60	119	--	--	299	3.7
4	Embroidery	249	187	240	--	--	676	8.5
5	Spoken English	--	--	--	--	--	--	--
6	Carpentry	81	--	79	--	--	160	2
7	Radio & TV repairing	82	80	119	--	--	281	3.5
8	Beauty culture, health care & make up	160	140	120	--	--	420	5.3
9	Jute Braided Products maker	--	--	--	--	--	-	-
10	Assistant Beauticians	20	--	--	--	200	220	2.7
11	Handicraft: Applique, patch work	170	--	--	--	--	170	2.1
12	Agriculture (Beekeeper)	--	--	118	--	--	118	1.5

13	Handicrafts & Carpets (Handmade bamboo, Agarbatti stick making)	--	--	200	--	140	340	2.5
14	Agriculture (Mushroom Grower)	--	--	237	80	--	317	3.9
15	Apparel, Made-ups & Home furnishing (Hand Embroidery)	--	--	198	--	160	358	4.5
16	Electronics & Hardware (Electrical Technician)	--	--	200	80	160	440	5.5
17	Agriculture (Animal Health Worker)	--	--	--	80	--	80	1.0
18	Agriculture (Poultry Farmer)	--	--	--	160	--	160	2.0
19	Apparel, Made-ups & Home furnishing (Self Employed Tailor)	--	--	--	60	--	60	0.7
20	Automotive (Driving Assistant)	--	--	--	160	100	260	3.3
21	Assistant Hair Stylist	--	--	--	100	--	100	1.2
22	Assistant Beauty Therapist	--	--	--	120	--	120	1.5
23	Construction (Helper Construction Painter)	--	--	--	80	--	80	1.0
24	Food Processing (Jam Jelly and Ketchup Processing Technician)	--	--	--	160	--	160	2.0
25	Food Processing (Pickle Making Technician)	--	--	--	180	--	180	2.3
26	Furniture (Cane Seat weaver)	--	--	--	119	--	119	1.5
27	Furniture fitting (Assistant Carpenter Wooden Furniture)	--	--	--	140	--	140	1.7
28	Handicrafts (Traditional Hand Embroidery)	--	--	--	120	200	320	4
29	Handicrafts (Carpets weaver knotted)	--	--	--	40	200	240	3
30	IT-ITES (Domestic Data Entry Operator)	--	--	--	40	160	200	2.5
31	Plumbing - Plumber (General)	--	--	--	80	100	180	2.3
32.	Helper Wireman	--	--	--	--	100	100	1.3
Grant Total		1490	1087	1787	1799	1799	7962	

*(g) Nos. of youth who are credit linked under JSS*

39 (Thirty Nine) Trained youths are linked with credit with State Bank of India (SBI) and Manipur Rural Bank (MRB) under the refinance scheme of the Micro Unit Development and Refinance Agency (MUDRA) under the Prime Minister MUDRA Yojana in the last five years. The details of achievements are shown below:-

Sr. No.	Types of Trades	2018-19	2019-20	2020-21	2021-22	2022-23
(a)	(b)	(c)	(d)	(e)	(f)	(g)
1	Applique & Patch work	3	--	3	--	--
2	Fruit Processing & Preservation	12	--	3	--	--
3	Embroidery	9	--	1	--	--
4	Kouna Mat Making	5	--	2	--	--
5	Mushroom Cultivation	-	-	1	--	--
Grant Total		29	--	10	--	--

### Jan Shikshan Sansthan, Chandel District, Manipur.

WWAGS is awarded by Ministry of Human Resource Development, Govt. of India to facilitate Skill Development Training Programme in Chandel District under the flagship programme of the Ministry entitled as Jan Shikshan Shansthan (JSS) or Institute of People's Education (IPE).



This programme was registered an entity on 2<sup>nd</sup> August 2021 to function independently and separately from WWAGS and JSS, Thoubal. But it is working in close association with WWAGS till today. 900 youths were registered for the first batch of Skill development training in various sectors. 1800 youths were registered for the 2<sup>nd</sup> batch i.e for the FY 2022-2023. The details of youths who received Vocational training under JSS/IPE Chandel in the last two financial years are as follow:

#### 1. Sex wise distribution of trainees under JSS Programme

Years	No. of Trades	Person admitted	Male		Female	
			Nos.	%	Nos.	%
(a)	(b)	(c)	(d)	(e)	(f)	(g)
2021-22	13	900	220	24%	680	76%
2022-23	10	1800	720	40%	1080	60%
Total	23	2700	940	34.8%	680	65.1%

#### 2. Distribution of trainees by Social Background under JSS Program.

Years	Total No. of Trainees	ST
(a)	(b)	(c)
2021-22	900	900
2022-23	1800	1800
<b>Total</b>	<b>2700</b>	<b>2700</b>

### 3. Distributions of trainees by Age under JSS Program

Years	Total No. of Trainees	15 to 35 years	35-45 years
(a)	(b)	(e)	(g)
2021-22	900	548	352
2022-23	1800	1323	477
Total	<b>2700</b>	<b>1871</b>	<b>829</b>

### 4. Distributions of trainees by Literacy under JSS Program

Years	Total No. of Trainees	Illiterates		Neo-literates		With some education		12 Standard	
		Nos.	%	Nos.	%	Nos.	%	Nos.	%
(a)	(b)	l	(d)	l	(f)	(g)	(h)	(i)	(j)
2021-22	900	34	4%	324	36%	273	30.3%	269	29.9%
2022-23	1800	37	2	691	38.3%	446	24.7%	626	34.7%
Total.	2700	71	2.6	324	37.5%	273	26.6	269	33.1%

### 5. Trade wise Nos. of Trainees:

SL. No.	Trades	Financial Years		Total
		2021-22	2022-23	
(a)	(b)	(c)	(d)	(e)
1	Animal Health Worker	40	-	40
2	Musroom Grower (Small entrepreneur)	40	-	40
3	Small Poultry	80	-	80
4	Self Employed Tailor	80	-	80
5	Assistant Hair Stylist	80	-	80
6	Assistant Beauty Therapist	120	300	420
7	Electrical Technician	40	180	220
8	Jam Jelly and Ketchup Processing Technician	80	-	80
9	Pickle Making Technician	80	-	80
10	Cane Seat weaver	80	-	80
11	Assistant Carpenter Wooden Furniture	80	-	80
12	Traditional Hand Embroidery	60	-	60
13	Plumber General	40	100	140
14	Assistant Dress Maker	-	180	180
15	Two Wheeler Mechanic	-	180	180
16	Wireman	-	180	180
17	Fruit & Vegetable Processing & Preservation	-	240	240
18	Assistant Carpet Weaver	-	180	180
19	Bamboo Crafts	-	180	180
20	Assistant Computer Operater	-	80	80
Grant Total		<b>900</b>	<b>1800</b>	<b>3700</b>

### Skill Hub Incentive (SHI).

Jan Shikshan Sansthan, Thoubal started to take up the SHI project under the Ministry of Skill Development and Entrepreneurship, Govt. of India from 1<sup>st</sup> January 2022. JSS, Thoubal is the only JSS in Manipur out of 50 JSS in India selected by the Ministry of Skill Development and Entrepreneurship from among all 304 JSS in India as PIA to implement the Skill Hub Training pilot project. After getting the approval of the project from the Ministry of Skill Development and Entrepreneurship Govt. of India, JSS, Thoubal as PIA circulated invitations to the willing and interested youths (both boys and girls) Thoubal District to participate such skill hub training courses in Bakery and Assistant Beauty Therapy that we had applied to the Ministry already. So, the JSS Thoubal has been allocated with a target of 160 trainees to run SHI (PMKVY 3.0) in this phase of implementation. 80 trainees for Bakery training and 80 trainees for Assistant Beauty Therapy are enrolled respectively.



Such training aims to enable and mobilize the neo-literate, illiterate and rudimentary youths in Thoubal District to take up skill hub training and becomes self-employable after finishing the courses. Under this scheme, monetary reward is provided to the trainees who are successfully trained, assessed and certified in skill courses. This scheme was launched in the country on 15<sup>th</sup> July 2015 by the Hon'ble Prime Minister, Shri Narendra Modiji on the occasion of World Youth Skill Day with a view to decrease the flooding masses of unemployment in the country.

**Bakery:** Bakery business is one of the most revenue generating sectors of the food processing industries because bakery products are very popular in all parts of the country, particularly in our state Manipur. The bakery business is very lucrative as one can start with just a small amount of money in a small space. A large number of population of the state prefers fresh bakery products from local places. The bakery products are consumed at huge quantity because of its low prices and changing tastes of the growing population.



**Assistant Beauty Therapy:** An Assistant Beauty Therapist should be aware of the basics of the beauty therapy, health and hygiene, safety and need to be knowledgeable about various beauty products. Assistant Beauty Therapist is expected to perform basic depilation, manicure, pedicure and basic face services. Beauty Therapist is providing advance face care services, they should have basic sufficient knowledge. Beauty therapist perform various non-medical face and body treatments using their advanced knowledge of skin biology, skin physiology and cosmetic chemistry. They provide skin and hair removal treatments, massage therapy as well as manicure and pedicures.





So, this kind of training is also a job oriented one and it can help the youths both boys and girls to rid-off the unrestful of mind about unemployment.

## Urban Livelihood Project

The organization started livelihood project for the people in the urban area of Lilong, Imphal West Municipal Council & Lilong, Thoubal Municipal council under aegis of Manipur Urban Development Agency (MUDA) with effect from 31st December 2016. The project is sponsored by **Deendayal Antodaya Yojan – National Urban Livelihoods Mission (DAY-NULM)**. Women having similar activities were organized to form SHGs and they were provided training. They had been opened saving accounts in Banks. About 368 SHGs had been formed and their 87 SHGs had been facilitated credit linkages with loan size of Rs. 1,00,000 in each SHGs with Manipur Rural Banks and others are awaiting for credit linkages. During the month of lockdown due to COVID-19, many SHGs had also distributed free face masks designed by their own to public and also donated to district administrator. WWAGS also has registered 2 ALF (Areas Level Federation) in Lilong (Thoubal) Municipal Council.

Hand Holding Support:

Sr. No.	Types of Trades	Progress of SHGs promotion			
		April 2017	May 2017	June 2017	Total
(a)	(b)	(c)	(d)	(e)	(f)
1	Weaving	230	230	230	230
2	Kouna Crafts	90	90	90	90
3	Embroidery	48	48	48	48
Grant Total					368

## Scheduled Caste (Sc) Development Program Through Cluster Approach (Ahvy)

The total Scheduled Caste (SC) population of Manipur as per Census 2011 is 97,042 which is about 3.8% of the total population of Manipur. Majority of SC population live in rural areas of valley districts of Manipur mainly in Thoubal and Bishnupur Districts.

So this programme/project was launched by WWAGS to improve the under privileged condition of scheduled caste people in Manipur who were deprived of Govt. development programmes to eliminate their problems in the field of handicraft sector in cluster approach by means of formations of SHGs at grass root level. The SHGs were given training and were linked to Bank for credit facilities.

The project was confined to Thoubal and Bishnupur Districts only because most people of Scheduled Caste (SC) are dwelling in these districts. 6 Clusters were instituted under the project in the rural areas of Bishnupur District.

The activities taken up under the project for about 70 SHGs formed as of 31st March 2020 as a continuous form are furnished as below;

1) Cane & Bamboo handicraft.

2) Jute Craft.

3) Toy and Doll Making and Hand Embroidery.

Around 1273 members had been enrolled to participate the said activities. And out of the 1273 member artisans, 10 members from each of four SHGs (engaged in Hand Embroidery activities) had achieved 30 days long skill development training programme and they had been linked with banks. The detailed cluster wise achievements are shown below:

Nos. of SHG promoted in each Clusters and strength of membership

Name of Trades	No. of SHG and No. of artisans	Names of cluster						Total SHGs	Total Artisans
		Ngangkhalawa i Awang	Ngangkhalawa i Makha	Ngangkhalawa i Mathak	Thamnapokpi Maning	Thamnapokpi Mayai	Thamnapokpi Awang		
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)
1 Machine Embroidery	SHG	--	--	--	--	--	--	--	--
	Artisans	--	--	--	--	--	--	--	--
2 Cane and Bamboo	SHG	3	3	3	3	3	3	18	--
	Artisans	77	75	75	69	68	45	--	409
3 Jute Craft	SHG	2	2	2	2	2	2	12	--
	Artisans	30	34	30	34	30	26	--	184
4 Toy Dolls Making	SHG	2	2	3	2	3	2	14	--
	Artisans	39	36	45	38	39	30	--	227
5 Hand Embroidery	SHG	4	4	5	5	4	4	26	--
	Artisans	92	76	85	75	60	65	--	453
<b>Total</b>								70	1273

Out of the 1273 individual member artisans, 10 members from each of four SHGs (engaged in Hand Embroidery activities) were selected and imparted 30 days long skill development training programme so that they are suited for credit link with Bank.

Nos. of SHG / Artisans provided Skill Training

Name of Trades	No. of SHG and No. of artisans	Names of cluster						Total SHGs	Total Artisans
		Ngangkhalawai Awang	Ngangkhalawai Makha	Ngangkhalawai Mathak	Thamnapokpi Maning	Thamnapokpi Mayai	Thamnapokpi Awang		
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)
1 Machine Embroidery	SHG	--	--	--	--	--	--	--	--
	Artisans	--	--	--	--	--	--	--	--
2 Cane and Bamboo	SHG	--	--	--	--	--	--	--	--
	Artisans	--	--	--	--	--	--	--	--

3	Jute Craft	SHG	--	--	--	--	--	--	--
		Artisans	--	--	--	--	--	--	--
4	Toy Dolls Making	SHG	--	--	--	--	--	--	--
		Artisans	--	--	--	--	--	--	--
5	Hand Embroidery	SHG	1	1		1	1		4
		Artisans	10	10	--	10	10		--
<b>Total</b>								4	40

## SHG – Bank Linkage Program

Poor people are not accessed to credit as they cannot provide collaterals to the Banks for their credit requirement. However, banks use to provide credit to them, if they (members) have peer pressure affinity within them. The organization has formed 52 SHGs under the SHPI project of NABARD as on March, 2021. They are all done saving linkage with their nearby banks and started internal lending among members and their credit linkage with the Bank is underway. Following is the achievement of the SHPI project as on till-date.

Sl. No.	Particulars		Total of previous year	Progress this year	Cumulative figure as on this years
(a)	(b)	(c)	(d)	(e)	(f)
1	No. of SHGs formed	Male	--	--	--
		Women	20	32	52
		Total	<b>20</b>	<b>32</b>	<b>52</b>
2	Membership	Male	--	--	--
		Women	205	367	572
		Total	<b>205</b>	<b>367</b>	<b>572</b>
3	Saving mobilized (Rs.)		--	61,500	61,500
4	No. of SHGs having SB A/Cs with Bank. (Nos)		9	32	41
5	Saving amount at Bank of SHGs	Deposited	28,500	1,01,312	1,29,812
		Withdrawal	--	--	--
		Balance	28,500	1,01,312	1,29,812
6	No. of SHGs undertaking internal lending (Nos)		--	--	--
7	Total amount of internal loans to members (Rs)		--	--	12,000
8	No. of SHGs availed loans from Bank (Nos)		--	32	32
9	Total amount of Bank credit (Rs)		--	70,000	70,000

## Start-Up Village Entrepreneurship Programme

The SVEP at Keirao:

Wangjing Women and Girls Society (WWAGS) started to implement “Start-up Village Entrepreneurship Programme (SVEP)” which is launched by MSRLM at Keirao Bitra Block, Imphal East Manipur under the Ministry of Rural Development, Department of Rural Livelihood Mission (Aajeevik), for which the MOU was signed on 8th January 2019 in between Manipur State Rural Livelihood Mission (MSRLM) and Wangjing Women and Girls Society (WWAGS), the Project Implementing Agency (PIA), with a view of encouraging and promoting village entrepreneurs to set-up enterprises to avail them different additional resources of regular income to get out of poverty. Soon after the corresponding transfer of fund to the PIA, the required staffing of manpower, the required training of the staffs and preparation of Detail Project Report (DPR) had been done before the financial year of 2019-2020 so as to begin the work of SVEP, the DPR prepared by WWAGS was approved by the Ministry of Rural Development, Govt. of India on 28th November 2019 and then, Annual Work Calendar (AWC) was prepared. As per the work calendar the following activities are being done according to the schedule mentioned in the AWC.



1. Capacity Building Training and Sensitization of different entities (BRC, CBO, CRP, CRP-EPs, BMMU Community Cadre, Bank representative, Entrepreneurs etc.)

2. Performance tracking for beneficiaries (Assessment and Observation)

3. Books & Record keeping with reporting.



The progress in the implementation of the programme faced a big hindrances and disturbances from the outbreak of the life threatening Covid – 19 pandemic. But the PIA managed hardly, maintaining S.O.P. of Covid-19, to support 259 enterprises with trained active working CRP-EPs.

Besides these, the PIA conducted adequate capacity building training programmes for SHGs, CBOs, CRP-EPs and Entrepreneurs. During the training session, they had been taught basic business knowledge, accountancy and skills of business management. They had also been taught the basic ideas and technique regarding the communication skills. The experts and trainers tried to let them understand vision, scope and objectives of SVEP clearly. Thus all the participants had been sensitized the well and perfect concept of SVEP in accordance with the guidelines mentioned in the Master Circular of the SVEP project. After completion

of the course of training session of the relevant courses and certificates had also been distributed to all the participants.

In the financial year 2021-22, the PIA provided the following training programmes.

1. Capacity training Building for CBOs, newly set up federations and SHGs in the training hall of BRC – Office Keirao.
2. Refresher training for whole the active CRP-Eps.
3. Refresher training of BRC Management Committees.
4. Capacity Building and Skill Development training for newly developed entrepreneurs.

So far, 720 entrepreneurs had been trained. The staffs of BRC Keirao continued Registration of enterprises to Udhayam Registration as well as Gram Panchayat. The staff of this BRC continued tracking the following;

- i. Operational modality of PTS (Performance Tracking System of the enterprises).
- ii. Financial Management and Credit Repayment of the enterprises.

As required, the following activities have been taken up in this financial year 2022-2023.

- i. Entrepreneurship Triggering and Orientation of the programme (SVEP).
- ii. Registration of Potential Enterprises through SVEP Portal.
- iii. Business Opportunity Identification Guidance (BOIG) for the entrepreneurs.
- iv. Preparation of Business Support from CRP-Eps.
- v. Appraisal of Viable Business Plan and Support Financial Loan on seed funding for the enterprises operation.
- vi. Basic EDP Training for supported Entrepreneurs.
- vii. Registration of Enterprises (Grounding), Licensing/ legal documentation support.
- viii. Performance Tracking of Enterprises (Capture of Record Keeping information).
- ix. Generation of Enterprises Operation Performance Report (Business Report) and their appraisal.
- x. Preparation of Advance development plan for the successful enterprise and their linkage with suitable Govt. schemes.



The Tentative Target as per DPR:

So far the Block has promoted 1356 Enterprises and approves their business plan and sanction their financial support loan too. In this connection the BRC has utilized the fund from the different sources (CEF, CIF, and Bank).

### The SVEP in West Bengal:

The West Bengal State Rural Livelihood Mission (WBSRLM) awarded the Wangjing Women and Girls Society (WWAGS) to facilitate base line survey and prepare Detail Project Report (DPR) for implementation of Start-up Village Entrepreneurship Programme at Alipurduar – I Block, West Bengal state. WWAGS has done staffing of data collectors and local resource persons to monitor the work of data collectors. WWAGS provided trainings for DPR oriented capacity building of SVEP to the staffs. The data collectors were assigned their respective villages for base line survey in the whole areas of Alipurduar-I Block. The local resource staffs collected the data from the data collectors and tabled to GPIS for group discussion. After analysing all the information collected from the staffs, WWAGS prepared the Detail Project Report and the prepared DPR was submitted to WBSRLM on 28<sup>th</sup> March 2021 to start implementing SVEP at Alipurduar – I Block, West Bengal state.



West Bengal State Rural Livelihood Mission continued to entrust WWAGS to facilitate base line survey and prepare DPR for to facilitate base line survey and to prepare DPR for implementation of Start-Up Village Entrepreneurship Programme (SVEP) at five blocks of West Bengal namely;

1. Matigara Block
2. Jamboni Block
3. Hilli Block
4. Prusurah Block
5. Islampur Block



## The SVEP at Machi and Tengnoupal Block

After the approval of DPR for Machi and Tengnoupal SVEP Block, Manipur on the 5<sup>th</sup> July, the following activities have been taken up along with their respective achievements status.

### BRC Set-up:

1. BRC – MC formed with the representative of CLFs Eleven (11) OBs.
2. BRC Office along with required office infrastructure – stationed at Pallel.
3. BRC Capacity Building has done and functioning.
4. Engagement of CRP-Eps has done (Signed MOU)

### CRP-Eps Selection and Capacity Building:

1. CRP-Eps selection procedure has been completed through prescribed follow norm. (Application, Written examination, Field Ability Test, Interview).
2. Capacity Building of (23) CRP-EPs has also been completed through IV – Phase (25 days), comprising all the syllabus in both theory and practical session along with field software practices.
3. All the CRP-Eps started their assigned activities (Orientation of SHGs, Triggering of Entrepreneurs, Business Plan Preparation, Interaction of High Level Federations (VLFs, CLFs).



### CBOs Capacity Building:

1. All 04 CLFs have completed their Orientation and Capacity Building Training, conducted by PIA Trainers at their respective site office.
2. From the available 50 VLFs 42 have been completed their Capacity Building Training that was conducted by PIA trainers at their respective offices.
3. For SHGs, Capacity Building and Orientation Training out of the total 382 SHGs a total number of 183 SHG have been completed and started their recommendation for nomination of potential entrepreneur registration.



### Entrepreneurs Registration:

1. So far 76 numbers of potential Entrepreneurs have been registered.
2. Out of these 76 Potential Entrepreneurs, 41 No. of Business Plans were prepared and submitted to BRC.





circumstances, WWAGS has undertaken a pre- Project implementation phase under the support of National Agriculture Rural Bank and Development (NABARD), Regional Office, Imphal to restore ecosystem in the catchment areas and ensure water security for all requirement

#### Launching of Project:

Launching cum Capacity building and Community Awareness on Springshed based Watershed Development under Pre-Project Implementation Phase (PIPP) was conducted at Konaitong ST village for 3 villages to discuss the problems and immediate requirement to the solution of the deteriorating environmental conditions which have threat to further deteriorating environment affecting the socio economic well beings of the community of the areas in particular and people in general. The project Launching programme was conducted on 19<sup>th</sup> October 2022 at Konaitong village with Shri Thokchom Kiran , DDM, Senapati, Manipur , Representative of NABARD in the Chair. All the community Members and village leaders from other three villages were also present in the Launching of the project. During the inauguration, he highlighted Springshed ecosystem and how the main river is fed by Springs and the small stream channels in the catchment areas. Thereafter, Capacity Building cum awareness on Springshed Development and protection measures were conducted in Thamlai, Heinoukhong and Ingnglok villages with the objective to sensitize the villagers on the issues and immediate response to protect these precious resources in the villages. Dr. L. Jelshyam Singh, representative of WWAGS explained the needs of responding to the deteriorating environmental condition through springshed based Watershed Development programme in the catchment areas of Wangjing river Basin.



#### Project Activities under PIPP Stage:

##### 1. *Village Consultation meeting in four villages For Formation of Village Watershed Committee*

- Village consultation meeting was organized at Thamlai, Henoukhong, Ingnglok under the chairmanship of Koshang Makunga, Mekha and M. Hemanta Singh in connection with implementation of PIPP entry points activities. A brief introduction about the project and its desired outcome were placed in the meeting. The villagers welcome the new innovative and development oriented project and also agreed to contribute 25% of the project cost as local labour contribution in the form of Shramdhan as mentioned in the contract of Agreement of the project with NABARD.

##### - *Formation of Village Watershed Committee (VWC):*

In order to implement the Project phase-II, Village Watershed Committee (VWC) was constituted on 16<sup>th</sup> November,2022. The constitution process of VWC was attended by

representatives of Village Development Authority and women SHG members from the project villages. Giving focused on the previous village level meeting held in the project villages relating to springshed development and management of resources in catchment areas, Shri, L. Premanada Singh expressed that the catchment areas has already faced serious problems of soil erosion and deforestation due to which scarcity of water and economic insecurity in the river basin occurred . The present proposed Springshed Development in PPIP stage will help the community to sort out a planning process for developing a long term Result based Development Project to regenerate the loss forest and Environment Resources in the Catchment Areas of the river. In this stage, there is need of coordination from the people especially the people living the catchment areas and involve themselves in planning process.

## 2. Renovation & Protection Measures Of Spring Sources

Rainfall variability in the last 20 years coupled with other agro based livelihood support activities through Shifting and jhum cultivation impacted drying up of springs channels making insecure environmental condition both in upstream and downstream dwellers. The quality of water in the downstream has been seriously affected due to continuous sand and stone mining activities in upstream areas as people erking out of it as a part of their livelihood support activities. Under such circumstances, the villagers of Thamlai, Henoukhong, Konaitong and Inganglok discussed about the deteriorating environmental condition



which are threats to the existing man environment co-existence nature, The VWC, under the technical guidance of WWAGS, initiated protection measuring plan to address these local environmental issues through renovation or construction of spring water storage tanks in the villages during the PPIP stages and also protection of spring sources in the upper hill areas. They have also agreed the **Term of References (ToR)** of the project which the villagers owe to contribute as mandatory under the project in the form Sharmadhan (voluntary labor contribution of 25%). Table below is the number of springs spotted in respective project village as reported by the villagers. A details geo-hydrological survey need to be undertaken to localize the spring spots which were once active but inactive now due to decreasing forest coverage in hills .

Village	No of springs	Status
Konaitong Village	5	1 active
Thamlai	3	1
Heinoukhong	4	1
Inganglok	4	2

*a) Fencing of spring sources by locally available resources*

- Protective measures such as conservation of forest trees in the upper portion of spring sources were discussed in the village consultation meetings. It was also discussed to stop soil loosening for agricultural activities in nearby source of springs. All the four villagers have agreed



to protect forests and ensure enough water in the catchment areas. As outcome of the village consultation meeting, the village authority members come forward to participate in cleaning and fencing the spring sources in the upper areas of the hills. Their attendances in community development process are recorded as a part of local labour contribution (25%).

*b) Renovation of water harvesting tanks as a part of restoration of drinking water:*

- The Water Storage tanks constructed in villages at different point of time in different years required renovation as some of these tanks are having issues of leakages water through cracks developed on the RCC plate. It occurs in case of Konaitong and Heinoukhong when the surface near the foundation plates were damaged due to downward subduction of top surface along the slopes during heavy rainfall in the year 2015. Due to this, cracks on foundation plates and walls were developed. As such community stopped using the tanks for many years. Under such condition, VWC along with members of the villages took decisions for renovation works under PIPP stages. Two Water storage Tank at Heinoukhong and Konaitong were renovated during the period and three storage tanks were constructed at Thaimalai, Inganglok Mamang Leikai and Inganglok Tera Makhong.

*c) Three Days Capacity Building Training For SHG members of the project on Mushroom Cultivation at Ingaglok Village*

- PIA conducted a Three-Day Capacity Building Training for women SHG members on Mushroom Cultivation as a part of enhancing skill knowledge to local women to ensure better livelihood options of 4 villages at Ingnglok from 5-7<sup>th</sup> January 2023. Shri Asem Robindro Singh, Guest Lecturer, Department of Biotechnology, Manipur University facilitated the three day training programme. The main objective of providing the skill Capacity building training was to promote income generating economic support vocational skills to the women SHGs and make them involve in decision making process in



conservation process of environment and water security plan .Shri Th. Kiran DDM, Senapati also encouraged the trainees to actively participate in springshed based watershed development project and their involvement in this development process would bring a positive change in restoration of better environmental condition ensuring co-existence of all living organisms on the earth surface. It is hopeful that Conservation of Soil and Forests

in Catchment areas of River can be achieved through promotion of economic support programme as a part of community Livelihood measures. The women SHGs also expressed more economic support programmes as an alternative measure to reduce pressure on forest and other sand quarrying activities in river bed. The water quality in the river has been considerably deteriorated due to such activities admits drying condition of water.

d) *Five Days Capacity Building Training for Village Watershed Committee members on Water security and Slopping Agricultural Land Techniques*

- Five days Capacity Building Training for VWC members in Village Water Security and Springshed Development and Slopping Agricultural Land Technique (SALT) was organized by WWAGS from 13-17<sup>th</sup> February 2023 as a part of Pre-implementation Phase Project (PIPP) supported by NABARD, Regional Office Imphal



Manipur. The Inaugural function was presided by the president of WWAGS, S. Renubala with Th. Kiran Singh, DDM (NABARD) Senapati and Dr. L. Jelshyam Singh, Project Coordinator as the Chief Guest and Guest of Honour. L.Premananda Singh, General Secretary described the alarming condition of global warming and climate change. Deforestation is the major cause of frequent flood during rainy season and drying of springs during non-season months. Considering such alarming situations, all the stakeholders and community particularly people living in the catchment areas need to be prepared and understood the current scenarios of the environmental condition and work for alternative solution. Hence this 5 days capacity Building training is very important for VWC members to know what the alternative means are and how it can be practically carried out in the respective villages. The training has 9 sessions covering different topics of environmental issues facilitated by experts from various backgrounds.

As a part of exposure visit, a team of VWC visited the project area where VVD, Ukhrul is implementing Springshed Project under NABARD. Mr. Ramyik, VVD along with his team members took us to project areas where Springshed based watershed project is implemented. On arrival of their extension field office at Kalhang, a brief report of the project backgrounds were narrated to the visiting team of WWAGS. Later we have met members of women SHGs and learnt various socio economic programme being conducted as a part of reducing forest dependency. It was observed that the women SHGs also actively involved in planning and maintenance of forests resources. We have seen terracing of slopes by using local vegetative check dams and stones to arrest the down rolling sub soils in cultivated areas. The team felt



Springshed Based Watershed project is the only way out to secure water availability both in hill and plain areas. The hardship of people particularly womenfolk in fetching water at Kalhang village during our visit was extremely felt and as such the visiting team expressed the visit is a great opportunity for the people particularly hill areas to achieve the desire goal of spring based watershed development project.

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***GENERAL SECTION***

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## Residential School

Future Development of a nation is in the hands of present children. Children will be future pillar of the nation. Education is very important to make the children pillars of the nation. Some parents cannot look after their children properly due to their personal problems. So they want to educate their children by keeping the children at a trusted residential school. With view of making children educated, a residential co-educational school has being run under Wangjing Women and Girls Society (WWAGS), Wangjing at Maringphai villag, Pallel, Tengnoupal District, Manipur. The name of the school is Sinanu Institute of Science. There are 12 (twelve well qualified teaching staffs under the principal DL Kamchuini. The standard of the school is class XI-XII and the strength of students for the 2021-2022 is 450 (boys and Girls together). The school has adequate number of administrative rooms, class rooms, dormitory, bathrooms, toilets, kitchen and dining rooms etc. The rooms are properly maintained, white-whitewash and ventilated. The rooms have electricity and electrical equipment's like electric bulbs, tube light, fans etc. The classrooms have enough desks and benches. Clean and safe drinking water is provided to the teachers and students.



Adequate teaching aids are given to the teachers. Term test of the students are conducted for every week to evaluate the performance of the students and two terminal exams are also conducted, one at mid of the year usually in the month of June, another at the end of the year i.e. in the month of December. Promotion of the students to the higher classes are given after checking the overall performance in the term test as well as the two terminal exams. Extra-curriculum activities are also taken up for the students for examples painting competition, annual sports, and literary meet are conducted. Educational excursion is also arranged for the students to elaborate the knowledge of the students. Good and competent students are produced for every year from this school.



## Non Residential School

Future Development of a nation is in the hands of present children. Children will be future pillar of the nation. Education is very important to make the children pillars of the nation. Some parents want to keep their children in contact with them and educate their children to give these parents and opportunity to educate their children, a non-residential school is being run

by Wangjing Women and Girls Society (WWAGS), Wangjing at Maringphai village, Pallel, Tengnoupal District, Manipur. The name of the school is Songthildow Junior High School. The standard of the school is (class I-X). There are 10 (Ten well qualified teaching staffs under the Head Master R. Angshim. The strength of students for the 2021-2022 is 600 (boys and Girls together). The school has adequate number of administrative rooms, class rooms, bathrooms, toilets etc. The rooms are properly maintained, white-whitewash and ventilated. The rooms have electricity and electrical equipment's like electric bulbs, tube light, fans etc. The classrooms have enough desks and benches. Clean and safe drinking water is provided to the teachers and students.

Adequate teaching aids are given to the teachers. Term test of the students are conducted for every week to evaluate the performance of the students and two terminal exams are also conducted, one at mid of the year usually in the month of June, another at the end of the year i.e. in the month of December. Promotion of the students to the higher classes are given after checking the overall performance in the term test as well as the two terminal exams. Extra-curriculum activities are also taken up for the students for examples painting competition, annual sports, and literary meet are conducted. Educational excursion is also arranged for the students to elaborate the knowledge of the students. Good and competent students are produced for every year from this school.



## Awareness Programme On The Precautions To Be Taken-Up During Pandemic Of Covid-19

Wangjing Women and Girls Society (WWAGS) Wangjing, Manipur-India organized one day mass Awareness Programme on the Precautions to be taken-up during the Pandemic of COVID-19 on the 4<sup>th</sup> April 2022 at Wangjing S.K. Leikai Community Hall, Thoubal District-Manipur. The programme was participated by 35 participants including 20 women. Shri Dr. L. Bijen Singh Asst. Director Environment and Ecology, Govt. of Manipur and Dr. N. Kunjo Singh facilitated the programme as resource persons of the programme.

At the outset of his speech the resource person, Shri Dr. L. Bijen Singh expressed his warm heartedly thankful to the organisers and participants for giving him such a chance to deliver a few words regarding the issue of COVID-19. Further, he began to explain that Coronavirus is a family of viruses that can cause respiratory illness in human beings. The virus get their name "Corona" from the many crowns like spikes on the surface of the virus. Severe Acute Respiratory Syndrome (SARS), Middle East Respiratory Syndrome (MERS) and the common cold are examples of Coronaviruses that cause illness in human beings. The new strain of coronavirus, COVID-19, was first reported in Wuhan, China in December 2019. The virus has since spread to all continents including India.

The resource person Dr. L. Bijen Singh expressed further that the number of people infected increases daily. The organization that collect this information including the World Health



Organisation and the Centre for Disease Control and Prevention (CDC) are getting information and continuously learning more about this outbreak.

Thus, the resource person expressed how this virus spreads from person to person. When the virus travels in respiratory droplets when an infected person cough, sneezes, talks, sings or breath near a person (within six feet) this is thought to be the main way COVID-19 is spreading. From close contact (touching, shaking hands) with an infected person, it will be high chance to infect or communize to others. By touching the surfaces that the virus has landed on, then touching our eyes, mouth or nose before washing our hands, it will be infected to ourselves and others.

He describes further that the people above 60 years and the children below 10 years are also in high risks of COVID-19. These groups of people should be stayed at home in safe. In this connection, the resource person suggested the participants to wash our hands frequently with soap and water, or clean with alcohol based hand rub. We should maintain at least 1 metre distance between persons. We need to stay home if we feel unwell. Face mask should be used, warm ginger tea should be taken to improve our immune system. We should also know the benefits of getting vaccinated against the terrible pandemic of COVID 19. Now, Covid-19 Vaccines are available in all District Hospital and Health Centres. Our state Government also advise the people to get vaccinated at nearest Hospitals or Health centres to prevent this dreadful pandemic compulsorily. Thus the resource person concluded his talk after a short interaction with the participants. So, the programme was concluded with appreciation from the participants.

## Awareness Programme on Psychoactive Substance Use

Wangjing Women and Girls Society (WWAGS) organised one day mass awareness programme on psychoactive substances use among the youths on the 25<sup>th</sup> April 2022 atThongjao Awang Leikai to prevent our younger generation from using such kind of harmful drugs and substances including alcohol. The programme was participated by 55 youths including 45 males and 10 females. Dr. Shantikumar Singh and M. Mahendra Singh facilitated the programme as resource persons.

At the very outset of his speech, Dr. Shantikumar Singh expressed his great pleasure for giving him such a chance to deliver some words regarding the topic using psychoactive substances and druds including alcohol among the youths in Manipur and its impacts in our society. The resource person described that psychoactive drugs are the substances that can alter the consciousness, mood and thought of those who use them. Tobacco, alcohol, cannabis, amphetamines, ecstasy, cocaine and heroin are included in such kind of drugs and substances.

Dr. Shantikumar Singh further said that psychoactive drugs and substances impose a substantial health burden on society. Tobacco and alcohol in particular are the major cause of death and the impact of tobacco is expected to increase in other part of world. Using psychoactive drugs which may be to find pleasure or to avoid pain can harm health and causes social problems both in the short and long term. Health effects can include disease of the liver or lungs cancer, death and injuries caused by accidents, overdose, assaults etc. Examples of social problems are quarrelling, breaking –up of relationships as well as neglecting of works and other duties of family.

Drug addiction which is also referred to as drug dependence is a disorder of the brain caused by the use of psychoactive drugs. Therefore, it may also be called an ailment. Such a drug dependent person may experience craving for the drug and difficulty in controlling its consumption, suffer from withdrawal symptoms when use of the drug is reduced or discontinued and increasing doses of the drug to feel its effects. The person may come to neglect other pleasure or interest, spend more time getting or using the drugs instead of trying to recover from it. He/she persists in using the drugs despite clear evidence that it is causing harm.

The resource person explained further that psychoactive drugs affect communication between brain cells in certain region of the brain. For instance some drugs mimic and other blocks the effect of naturally occurring molecules that carry the specific messages from one brain cell to another. He said further that drug addiction is more common among the people with mental disorders than among the general population. For example, people with mental disorders are more likely to be alcohol dependent at some stage in their lives than people without a mental illness.

Conversely drug-dependent people are more likely to suffer from mental disorders than non-dependent people. For instance, he added further, people who are dependent on alcohol or cocaine, tobacco are made likely to suffer from depression than non-dependent people. This indicates either a common basics for both affliction or an interaction of effects at some level. Drug uses may either bring about mental illness, or it may be a way of easing of the symptoms of a mental disorder or the side effects of medication. Also, since many drugs produce effects typical of some mental illness, drug dependence and mental illness may have the same neurological causes.

The resource person explained further that the most effective way to treat drug addicts is behavioural therapy which is a kind of psychotherapy. New and better treatment is currently being developed. Some medication used for the treatment of drug addiction either block the effect of the drugs or cause unpleasant reactions. Other substances can be used as substitute for a drug. For instance, methadone can replace heroin. Such substitutes act like the drugs in some ways without inducing some of the harmful effect.

The resource person explained further that drug addiction can be also treated through various behaviours. Such therapy aims to help people 'Unlearn' their drug taking behaviour, learn new ways to respond to craving and developing new skills to remain drug free situation.

The rapid advances in our understanding of how brain works brings with it a host of new ethical issue in both research and treatment of drug dependence. The biomedical research is guided by the moral principles such as ensuring that the benefits to society are greater than the risk to those who consent to treatment or research participate. The ethical issues that need to be redressed include, for instance equally of access to treatment, the potential treatment of persons without their consent, public funding for treatment of dependence, public credibility of climate trials and moral questions arising from animal experimentations and generic screening.

The resource person suggested that he would like to treat such drug dependent persons very lovingly. We should not discard them at all. We the family members of an addicted person need to be close to them so that we can understand them if we are willing to eradicate all types of psychoactive drugs and substances from our society. All sections of people are to be ready to extend our maximum cooperation in struggle/war against psychoactive drugs and substances. It should be mandatory to extend our cooperation with heart and soul to root out such a terrible attack of psychoactive drugs and substances while our state government has been going on war against drugs with destroying the mass plantation of poppy plants in the state with a special view to save our natural environment as well as ecosystem of the nature. Thus, after a short interaction with the participants, the programme was concluded positively.

## Mass Awareness Programme on The Maintenance And Welfare Of Parents And Senior Citizens Act 2007

A one-day Mass Awareness Programme on “The Maintenance and Welfare of Parents and Senior Citizens Act, 2007” was organized on 18<sup>th</sup> May 2022 at Pherzawl Town Community Hall. The programme was participated by 37 ageing persons – 12 males and 25 females from the different hill villages of Pherzawl District. Shri Dr. M. Rajendro Singh, (RRTC – NE) and Dr. Khundrakpam Jugindro Singh, Prof. Thoubal College Manipur facilitated the awareness programme as resource persons. At the outset of the programme the resource persons welcomed all the participants for attending the function in time. The resource person started to explain about the facilities available for the welfare of parents and Senior Citizens under “The Maintenance and Welfare of Parents and Senior Citizens Act, 2007”. The Ministry of Social Justice and Empowerment, Govt. of India is the nodal Ministry responsible to formulate the policy on issues relating to ageing people. It coordinates with other stakeholders including various Ministries of the Central and State Governments, NGOs, Civil Societies, Institutions, etc. for achieving the overall goal for enhancing the quality of life of the elderly population.

*1. Ministry of Rural Development:-* The Ministry had implemented the Indira Gandhi National Old Age Pension Scheme under which Central assistance is given towards pension @ Rs. 200/- per month per person to persons above age of 60 years and Rs. 500/- per month per person to persons above age of 80 years belonging to a household below poverty line, which is meant to be supplemented by at least an equal contribution by the states. About 209 lakh beneficiaries were covered under the scheme during 2011-2012. The Ministry is administering the Anna-Purna Scheme under which free food grains (wheat or rice) up to 10 kg. per month per person are provided to destitute older persons of 65 years or above who are otherwise eligible for old age pension but are not receiving it.

*2. Ministry of Health and Family Welfare:-* Under this head, the resource person pointed out by stating that the Ministry provided separate queues for older persons in Government Hospitals and Geriatric Clinic in several Government hospitals. The Ministry has also implemented the National Programme for the HealthCare for the Elderly (NPHCE) during the XI plan starting from the year 2007-08. The basic aim of the programme is to provide separate and specialized comprehensive health care to Senior citizens at various level of state health care delivery system including outreach services.

*3. Ministry of Finance:-* The Ministry provides tax benefits for senior citizens as under:

(i) Income Tax exemption for senior citizens of age 60 years and above upto Rs. 2.50 lakh per annum.

(ii) Income tax exemption for Senior citizens of age 80 years and above upto 5.0 Lakh per annum.

(iii) Deduction of Rs. 20,000/- under section 80D is allowed to an individual who pays medical insurance premium for his/her parent or parents, who is a senior citizen.

**4. Ministry of Railways:** - The Ministry provides the following facilities to Senior Citizens.

- \* Separate ticket counters for Senior Citizens of age 60 years and above at various Passenger Reservation System (PRS) Centres if the average demand per shift is more than 120 tickets.
- \* Provision of lower berth to male passengers of age 60 years and above and female passenger of 45 years and above.
- \* 40% and 50% concession in rail fare for male and female Senior Citizens of age 60 years and above respectively
- \* Wheel chairs at station for old age passengers

**5. Ministry of Civil Aviation:-** The Ministry provides air fare concession upto 50% for male passenger aged 65 years and above and female passenger aged 63 years and above in the National Carrier, Air India on the date of commencement of journey and on production of proof of age (photo ID) and nationality.

**6. Department of Pensions:-**As per recommendation of the Sixth Pay Commission, additional pension will be provided as per given below to older persons:

Aged Group	% Pension to be added
80+	20
85+	30
90+	40
95+	50
100+	100

Besides, the resource person highlighted other facilities available under this Act for the Welfare of Senior Citizens like (1) Maintenance of parents and Senior Citizens, (2) Establishment of Old Age Homes, (3) Provisions for Medical Care of Senior Citizens, (4) Protection of life and property of Senior Citizens, (5) Offences and Procedure for trials etc. Thus, the mass awareness programme on the Maintenance and Welfare of Parents and Senior Citizens was concluded successfully after a short interaction between the participants and resource persons.

## Awareness Programme on Disaster Management

A one-day Awareness Programme on Disaster Management was organized on the 20<sup>th</sup> June 2022 at Ngaikhong Siphai Community Hall, Ngaikhong Village, Bishnupur District Manipur. A total of 43 Participants – 18 males and 25 females participated the programme. Dr. L. Jelshyam Singh, (Asst. Professor, Thoubal College) and Dr. L. Bijen Singh, Asst. Director Environmental and Ecology, Govt. of Manipur facilitated the awareness programme as resource persons. The resource person Dr. L. Bijen Singh at the beginning of the programme stated that there are 2 types of disasters i.e. natural disaster and manmade disaster. He also compared

natural disasters and natural hazards. Earthquakes, volcanic eruptions, cyclones, thunderstorms, droughts, floods, landslides, avalanches are the natural hazards. A natural hazard is infrequent and is capable of threatening life and property. If a hazard takes a furious form and begins to destroy life and property it becomes a natural disaster. A hazard is a risk associated with danger and a disaster is an event which actually causes great loss, hardship and suffering.

The resource person stated that if there is any change in the normal patterns either in the time of the floods or the fury of floods, the annual natural hazard turns into a natural disaster. It is said that in the 20<sup>th</sup> century there might have been thousands of natural hazards but there were only 30 major natural disasters in the world including earthquakes, volcanic eruptions, floods and cyclones. Natural hazard is classified into 2 major categories i) Geological hazards and (2) weather associated hazards. Earthquakes, volcanoes, landslides and avalanches are some forms of geological hazard including those earthquakes that occur under water and cause huge waves called Tsunami. Floods, cyclones, droughts are the important forms of weather associated hazards. The resource person mentioned some man-made disasters caused by nuclear, chemical, biological elements and other terrorist attacks and accidents.

*Nuclear Disaster:* Two atom bombs which were dropped on the two cities of Japan during the second world war (1) over the city of Hiroshima on 6<sup>th</sup> August, 1945 destroyed 90% of the city, killed 66,000 people and injured 69,000 people (2) over the city of Nagasaki on 9<sup>th</sup> August, 1945 destroyed one third of the city, killed 39,000 people and injured 25,000 people.

*Chemical Disaster:* Chemical disaster can be caused by irresponsible handling of chemicals and industrial accidents. The Bhopal Gas Tragedy took place on 3<sup>rd</sup> December 1984 was one of such chemical disasters.

*Biological Disaster:* Biological disasters are caused by the release of germs or other biological substances. A biological substance like anthrax causes diseases like plaque and smallpox. Sometime back (in 2001) some postal workers in Washington DC died of anthrax inhalation and anthrax skin infection.

*Terrorist Attacks:* Terrorist attacks include suicide attacks, shooting massacres, bombing etc. On 7<sup>th</sup> July 2005 London was the target of terrorist attack. The terrorist attacked on the World Trade Centre in New York and the Pentagon in Washington on 11<sup>th</sup> September, 2001 killing thousands of people. In India, Mumbai had been under frequent terrorist attacks and still the city is always on high alert. The serial blasts that took place in 1993 killed many innocent people. On 25<sup>th</sup> August, 2003, a powerful bomb blasted at two crowded areas of the city, near Zaveri Bazar and gateway of India killed at least 45 people and injured over 150.

*Accidents:* Accidents can happen in air, on roads, rails and in water. Road accidents are a daily happening in almost all countries of the world same as on rail in air and water. Thousands of people are killed every month all over the world in such accidents.

Some measures to cope with disaster management are:

- Better knowledge about natural disaster and natural hazard and prepare to prevent, face and respond to disaster.
- Better knowledge can at least reduce the extent of damage.

- People in the disaster and hazard prone areas can be more vigilant and get prepared to face them so that their ill-effects were reduced.
- Ways to minimize the risks posed by volcanic eruptions.
- Taking up suitable measures to cope with earthquake hazards.
- Steps to cope with floods and droughts.
- Keeping alert cyclone forecasting and warning.
- Protection from biological substances.
- Pay attention to flood warning given by local authorities.
- Listen to your radio or watch TV for warning and advice.

Thus the awareness programme was concluded peacefully after a brief interaction.

## Awareness Programme on Consumer Rights

A one-day Awareness Programme on Consumer Rights was organized on 6<sup>th</sup> July 2022 at Keirao Bitra, SVEP, BRC Office. Shri N. Bipin Singh, Advocate and Shri L. Jelshyam Singh, Asst. Professor, Thoubal College Govt. of Manipur facilitated the Programme as Resource Person for the topic. The resource person Shri N. Bipin Singh, Advocate extended his pleasure and thanks to participants for their presence in the awareness cum consultative programme in time. After a short discussion about the subject matter, the resource person presented a question stating “Who is a consumer?” to the participants. After a short interaction the resource person said that a consumer is he or she who buys or agrees to buy any goods from any seller to fulfil his or her needs by paying in full or partly paid and partly promised or under any system of deferred payment. But a person is not a consumer if he or she purchases goods for the purpose of reselling to others for getting profit.

The resource person stated that the Consumer Protection Act 1986 gives a consumer - (i) Right to be protected against the marketing of goods and services hazardous to life and property, (ii) Right to be informed about the quality, quantity, purity, standard and price of goods or services, (iii) Right to access wherever possible to a variety of goods and services at competitive prices, (iv) Right to be heard and assured that his or her interest will receive due consideration at appropriate manner, (v) Right to redress unscrupulous exploitation, (vi) Right to consumer education. The scope of Consumer Protection Act applies to all goods and services except those specifically exempted by the Central Government.

In this way that the Government has given each and every consumer a set of rights, it is also the responsibility to our consumer to follow through on several duties provided to them. Consumer responsibility are just as important as consumer rights. The following are some of the important consumer responsibilities or duties of consumers.

- 1) Consumer must make sure that the product they are purchasing is good quality, and have been quality marked such as Agmark, ISA, Hallmark etc.
- 2) Consumer should always make sure that they have seen and understood all the information available about a product and make an informed choice.
- 3) Consumers should follow the rules and not to be unlawful while purchasing commodities.
- 4) Consumers should always insist on bills of purchase from the seller so that if there is a problem with purchase, the issue can be immediately sorted out.

- 5) Consumers have the responsibility to call out exploitative behaviour and unfair trade practices on the part of a seller.
- 6) Consumers must form organisations that are non-political to express consumer need and requirements

Where to file a complaint? The resource person by sharing with the participants stated that any consumer can file a complaint to District Forum or State Commission or National Commission according to the value of goods or services. No fee or stamp paper is charged for filing a complaint. The resource person sensitized the participants that if someone buys some goods for reselling purposes, he or she is not a consumer protected by this Act. After interacting between the resource person and the participants, the one day awareness programme on consumer rights was concluded successfully.

### Mass Awareness Programme on Horticulture:

A one day Mass Awareness Programme on Horticulture was organized on 25<sup>th</sup> July 2022 at Ingangklok Community Hall, Thoubal District, Manipur. Shri L. Jelshyam Singh, Asst. Professor Thoubal College, Govt. of Manipur and Mr. Daniel facilitated the workshop as Resource Persons. At the beginning of the Programme, the resource persons expressed his gratitude and thankful towards the participants for getting him such a chance to deliver a few words on the matter of Horticulture. He further started that Horticulture is the sweetest branch of agricultural sciences that embrace the cultivation of fruits, vegetables and flowers and ornamentals but it is normally confused with fruit plantation. All horticultural crops required water for survival and optimum production. There are certain crops, fruits and vegetables which grow under water stress conditions or depend on rain water. There are perennial fruit trees which absorb water during rains, store in their organs (tissues) and carry on their life in rainless period. The grown up trees punch their root down in search of water and draw water from the lower layer for survival and production. But vegetables being shallow rooted and seasonal in nature need irrigation in dry period

The resource persons said that all horticultural crops are remunerative and bring substantial income to the grower and vegetables being short term crop grow well in monsoon with its rains give good production and income with marginal attention. Hence horticulture is a better choice for environmental rejuvenation and economic in the hilly and foothill areas. The resource person laid out the importance of fruit growing and food value by stating that all fruits contain substantial quality of minerals such as Calcium, Phosphorous and Iron required for healthy growth. Vitamins which play a vital role in human nutrition are also abundantly available in the fruits. The resource person explained and sensitized the participants about vegetable farming, its good value and medicinal value. He said that vegetables are like field crops which mature within 2 - 6 months after planting. Because of short gestation, very heavy yield per unit area, high market demand, they are easily accepted by farmers per high returns. The resource person said that like fruits, vegetables also provide various health promoting ingredients like proteins, fats, carbohydrates, minerals and vitamins and they form the cheapest source of nutrients. He mentioned that in India the fruit consumption is very low competing to that in the developed countries. Hence there is a wide gap between production and demand. That is why great importance is laid on expansion of fruit area and increase of production. Regarding factors governing food plantation, the resource person said that every vegetation may be forest, field crops or fruit trees, has its own specific requirement with respect to climate, soil, nutritional items etc.

During the programme there was an interactive sessions in respect of i) protection against grazing animals, ii) Plant Protection against pests and diseases, iii) watering during dry spell, iv) Hoeing, weeding periodically v) Inter cropping in Kharif seasons with vegetables, pulses, oil seeds etc. vi) Annual manuring, twice a year and vii) Harvesting and marketing. Thus the Mass Awareness Programme on Horticulture was concluded peacefully.

## Awareness Programme on Livestock Management

Wangjing Women and Girls Society (WWAGS) organized one day Awareness Programme on “Livestock Management” on 15<sup>th</sup> August 2022 at Heinoukhong Community Hall, Tengnoupal District and it was attended by 40 participants 22 female and 18 men. The programme was facilitated by Dr. M. Rajendra Singh, retired Joint Director, Veterinary office Thoubal and Dr. N. Kunjo Singh as resource persons.

The resource persons share that livestock becomes a big income generating source now-a-day. Livestock are the domesticated animals to provide labour and produce diversified products for consumption such as meat, eggs, milks, fur leather and wool. The term is sometimes used to refer solely to animals who are raised for consumption and sometimes used to refer solely to farmed ruminants such as cattle, sheep goats and pigs.

Livestock farming practices have largely shifted to intensive animal farming. Intensive animal farming increases the yield of the various commercial outputs but also negatively impact animal welfare, the environment, and public health. In particular, beef, dairy and sheep are an outsized source of greenhouse gas emissions from agriculture. So, livestock farmers need to know “Livestock Management” in detail to increase the income from livestock’s and save from negative impacts.

Management is a general term that can mean something different to everyone. Management often refers to the day to day operations of the farm and is pointed to as the most important predictor of success.

Livestock Management entails managing cattle and supervising farm workers. Livestock management calls for knowledge of animals’ technology and animal husbandry. In addition to accurate commercial enterprise sense, many livestock managers have to additionally maintain economic information for his or her operations.

General principles of Livestock management include feeding, breeding, weeding and heeding. Farm management includes skills such as basic husbandry, nutrition, communication, preparation, adaptation, evaluation, attention to detail and establishing a farm culture. These are known as components of sound livestock and farm management.

Components of Sound Livestock and Farm Management:

1. Basic animal husbandry – It creates hydrated, clean, dry, low stress animals
  - a) Water, shelter cleanliness and low stress handling are all components of basic husbandry.
  - b) Animals are healthier and more productive when they are hydrated, clean, dry, and handle with minimum stress.



- c) Water is without question the most important nutrient and should be accessible for all animals at all times.
  - d) Shelter doesn't always mean a roof overhead, a well maintained bedded pack and a wind break can mean shelter as well. Animal need protection from the elements in same way.
  - e) Cleanliness prevents disease, promotes animal comfort and instills a sense of pride in the operation.
  - f) Low – stress handling is a must for all operations.
2. Animal Nutrition: In general, a healthy gastrointestinal (GI) tract equals a healthy animal.
    - a) The ration and how it is delivered impacts growth productivity, immune status and reproduction.
    - b) A correct body condition score combined with a balanced mineral status creates healthy animals and healthy offspring.
    - c) Quality ingredients are a must for optimal health and productivity.
    - d) Good water should also be included in this category as it is the most important nutrients and drives dry matter intake.
  3. Farm Management Communication: Communication with employees, partners, nutritionist, veterinarian's product and livestock hackers and every one that you work with is key to effective management.
    - a) Clear communication of expectations, protocols responsibilities, and treatment of animals trickles down from the top.
    - b) Employee training relies on clear communication and the operations success on well trained employees.
    - c) Good visual materials and in-person teaching can have much better learning outcomes than expecting employees to read or learn on their own, particularly if you employ workers whose native language is not same with you.
  4. Preparation: prevention is better than treatment. Be proactive rather than reactive. Look ahead and be as prepared as possible for different possibilities. Find and stop issues before they become more complicated to manage. Communication basic, husbandry and nutrition all play a part in being prepared.
  5. Adaptation: when it comes to farming things often don't go as planned. The ability to adapt to changes is crucial for a successful management of livestock. Being prepared makes it easier to adapt having great communication skills moves the new forward, being constantly vigilant with basic husbandry lessons the impact of changes to your plan. Adaptation requires knowledge of your farming system as a whole and understanding how all of the pieces of your operation fit together. The better you know the system, the easier it is to adapt when necessary.
  6. Evaluation: you can't know if something is working unless you evaluate an outcome. Before making a change to a practice, plan how you will measure outcome to determine success before it is implemented. Evaluating current practices that are not beneficial and keeping those that show measured improvement for the operation.

7. Attention to detail: Often the success of a particular piece of the system relies on attention to details. Cleanliness in particular is rooted in attention to detail. You don't have to micromanage to instill the importance of attention to details in your employees. It is tied directly to your farm's culture and the pride you and your employees taking roles in the farm.
8. Establishment of Farm Culture: A culture is a set of shared attitudes, values goals and practices that characterizes an institution/ organization/ farm. The culture you set in your farm will influence how people prioritize work and do their jobs. Your farm should have a distinct identity that gives you and your employees pride in working in the farm. While some of the ways we create farm culture may seem small, they have a huge impact on our success creating a positive environment with shared goals makes for an easier workday.

After a good interaction with the participants the programme was conclude fruitfully.

## One Day Training Programme on Bee Keeping

Beekeeping has been an integral part of the agricultural activities in our state Manipur both among the hill and valley peoples as they hunt and collect organic wild honey from here and there in the state. Considering the surge in demand for raw honey, the traditional practices of beekeeping still continue in many households in the rural and hill areas of Manipur. But they have no modern scientific idea and knowledge about beekeeping. The branch of the science that deals with rearing honey bees in an artificial environment is called apiculture. As our rural and hill people have no sufficient scientific idea of Apiculture, they cannot produce their production of honey in large quantity.

In this regard, the Wangjing Women and Girls Society (WWAGS), Wangjing, Manipur organized a one day training programme on modern scientific method of beekeeping (Apiculture) at Langmeidong village Community Hall on the 6<sup>th</sup> Sept. 2022 with a view to encourage and promote the occupation of beekeeping among the hill and rural farmers of Manipur. Shri Moirangthem Babu Singh of Khangabok village who is also a successful leading beekeeper and Dr. L. Jelshyam Singh facilitated the programme as resource persons.

Different well known resource persons and subject experts delivered valuable and practicable lectures about the modern scientific methods of beekeeping, (Apiculture) to the participants. A total of 50 farmers and beekeepers from different villages of Thoubal and Kakching District attended the programme.

The resource persons stated that like dairying apiculture is also practiced mostly by marginal landless farmers. It also supplements the income from agriculture, generates employments and helps in improving the nutritional intake of the rural population. It can help to provide self-employment facility in many families. The climatic condition of our state Manipur is suitable place for several type of plantation which are great potential for developing beekeeping, (apiculture) project.

The resource persons stated that much precious natural wealth is lost on account of our human misdirection and instantaneous greed. He cited the example of the hill villages which are driven

by the phenomenon of “Easy earning of Money”. By doing so, we are going to destroy many precious forest areas.

The resource person cautioned that such venture in long run would destroy our natural ecology and lives of the future generation. In such a situation, he shared that looking for alternatives livelihood means, which had been practiced by our beloved forefathers infused with modern scientific technology, perhaps, could bring about sustainable development. As such beekeeping is one alternative in which even the womenfolk can participate equally with their male counterparts.

Shri Moirangthem Babu Singh also emphasized an eco-friendly sustainable development. According to Shri Babu Singh, there would be no food, fruits and seeds without bees which are the primary agent of pollination. He further added that beekeeping can be a sustainable means of earning livelihood and with more efforts and dedication can become a professional occupation thereby increasing the wealth of villages without destroying the natural forest. So, he similarly wished the villagers across the hills and valleys of Manipur would refrain from poppy cultivation and take up beekeeping. He also expressed his strong willingness to produce large quantity of honey so that we can supplement the income of our families. He further mentioned that honey has been used widely for health and medicinal purposes as an economic enhance. However, the young generation had abandoned the valuable practice for reasons best known to them. He stressed that beekeeping and associated practice like bee box making still carries the potential of uplifting the economic condition of the villagers.

## Observation of International Day of Older Person

Wangjing Women and Girls Society (WWAGS) Wangjing, Manipur India has been observing International Day for Older Persons every year on the 1<sup>st</sup> October with a view to raise public awareness about the opportunities and challenges presented to the ageing populations and mobilize the families, commodities groups and stakeholders to address the difficulties faced by older people.

In this regard, Wangjing Women and Girls Society, (WWAGS) observed the “Day of Older Persons” on this auspicious day of the 1<sup>st</sup> October 2022 as usual under the theme: “The Resilience and Contribution of Older Women” for this year 2022 at the Senior Citizen Home for Older Women, Wangjing Narengbam Leirak. 48 participants were participated the function. Dr. L. Jelshyam Singh, Asst. Professor, Thoubal College, Smt. Sapam Renubala, President WWAGS) and Shri. M. Mahendra Singh Programme Officer grace the function as Chief Guest, President and Guest of Honour.

At the very outset of the function Shri. Dr. L. M. Mahendra Singh expressed his great pleasure and thanks to the participants and organizers for giving him such a chance to grace the function & deliver a few words regarding the International Day of Older Persons.

The Guest of Honour expressed further that October 1 is observed as the International Day of Older Persons across the globe. The day was introduced by the UN General Assembly with an aim of honouring the contribution of older persons and looking into the problems that face. Older people make significant contributions to society via volunteer work, passing on

experience and knowledge, and assisting their families with different responsibilities. As today we celebrate this occasion, let's glance at its history and significance.

The UN General Assembly in 1991 approved the United Nations Principles for older person. Later in 2002, the Second World Assembly on Ageing embraced the Madrid International Plan of Action on Ageing. It was done to address challenges faced by the older generation in the 21<sup>st</sup> Century and to promote the development of a society for all ages.

In this regard, we may understand some common unpleasant conditions faced by older people like loss of hearing, cataracts and refractive errors, back and neck pain and osteoarthritis, diabetes, depression and dementia. Health issues like blindness, locomotor, disabilities and deafness are most prevalent. Mental illness arising from senility (showing poor mental ability because of odd age) and neurosis. Older people may experience social problems as a result of their illness or accident. They recognize friends and family members. Social isolation may lead to changes in behavior such as increased anger or depression.

So, we need to take a special care for the older people in all their activities. Their diet plan should be made and checked as much as possible as to prevent any kinds of ailments caused by insufficiency of care. It is also reported that dependency is high among elderly people require some form of long term care such as assisted living home nursing community care, residential care and frequent health checking. With this prevailing situation trained informal caregivers to look after elderly is a vital need. Besides, they should be taken special care for the pandemic of COVID – 19 too. We the young people of present day will become older in our future. So, we should oblige to extend helping hands towards older people lovingly.

Thus the guest of honour concluded his speech and the observation was concluded here after giving Presidential speech and vote of thanks by Sapam Renubala and M. Binoy Singh respectively.

## Awareness Programme on Fundamental Duties

A one-day Mass Awareness Programme on Fundamental Duties was organized by Wangjing Women and Girls Society (WWAGS) Wangjing, Manipur on 16<sup>th</sup> November 2022 at the Senior Citizen Home for Older Women, Jiribam, Manipur. The programme was participated by 43 persons (19 males and 24 Females). Shri N. Bipin Singh, Advocate facilitated the Programme as resource person.

At the very outset of the programme, Shri N. Bipin Singh the resource person expressed his heartily pleasure and thanks to all the participants for their timely arrival. The resource person started to say that the fundamental duties are those duties which are essential for every citizen for his own progress, the progress of the society and for the wellbeing of the nation. Every citizen of a state should do something or render certain services for the welfare of the society and the state in lieu of the protection and amenities he or she receives from the state. Duty refers to the activities which the individual should undertake as a member of the state. Every citizen must see that the same rights which he enjoys may also be equally enjoyed by his fellow citizens. For that he must do something and must not do something else. Thus, like rights, duties have also two sides – positive and negative.

The resource person stated that according to political scientists every right has a corresponding duty. It follows that every kind of right also has a kind of duty corresponding to its class. Thus, duties can be first classified as moral duties and legal duties to other citizens, duties to society or social duties, duties to the state or political duties. The resource person stated that Constitution which came into force on 26<sup>th</sup> January 1950 did not contain the chapter of fundamental duties. The chapter of fundamental duties was inserted in our constitution by 42<sup>nd</sup> amendment of the Constitution in 1976 by 42<sup>nd</sup> amendment after part IV of the Constitution, part IV is inserted in the Constitution which lays down fundamental duties of the citizens. The fundamental duties are intended to serve as a constant reminder to every citizen that while the Constitution specially confer upon him certain fundamental rights, equally the citizens also require to serve certain basic norms of democratic conduct and democratic behaviour. A set of 10 fundamental duties of citizens given by the Indian Constitution is by far the most fundamental and very important for every generation, present as well as future.

The Fundamental Duties of the Indian Citizens are:

1. It is the duty of every citizen to abide by the Constitution and respect its ideals and institutions, the National Flag and the National Anthem.
2. It is the duty to cherish and follow the noble ideals which inspired our national struggle for freedom.
3. It is the duty to uphold and protect the Sovereignty, Unity and Integrity of India.
4. It is the duty of every citizen to defend the Country and render national service when called upon.
5. It is the duty to promote harmony and the spirit of common brotherhood amongst all the people of India transcending religious, linguistic and regional or sectional diversities to remove practices derogatory to the dignity of women.
6. It is the duty of every citizen to value and preserve the rich heritage of our Composite culture.
7. It is the duty to protect and improve the natural environment including forest, lakes, rivers and wild life and have compassion for living creatures.
8. It is the duty of the citizen to develop the scientific temper, humanism and the spirit of enquiry and reform.
9. It is the duty of every citizen to safeguard public property and to adjure violence.
10. It is the duty of every citizen to strive towards excellence in all spheres of individual and collective activity so that the nation constantly rises to higher levels of endeavour and achievements.

The resource person mentioned that the inclusion of fundamental duties in the Constitution is a progressive step. By inserting fundamental duties, 42<sup>nd</sup> Amendment has removed one of the biggest drawbacks of the Constitution. No Country can develop unless its citizen lay more attention towards duties rather than towards right.

The resource person stated further that these 10 (ten) duties are like ten Constitutional commandments to be obeyed by every citizen of the country. In the present state of affairs, only a sincere observance of these duties can enable the nation to meet the serious challenges it is facing. Though it is not laid down how the Fundamental Duties are to be enforced, it may be stated that these are Constitutional duties and shall enforceable by law. Parliament, by law, may provide for penalties to be imposed for failure to observe these duties. In short, Rights and

Duties are either side of the same coin. We cannot have one without the other. Just as Fundamental Rights are essential for the citizen to protect him/her from the onslaught of authoritarian trends, Fundamental Duties are unavoidable to preserve the unity and integrity of the country. Thus, this one day mass awareness programme on Fundamental Duties was concluded successfully after a short interaction between the resource person and the participants.

## Observation of Foundation Day of WWAGS

WWAGS celebrated the 64<sup>th</sup> Foundation Day of WWAGS, Wangjing, Manipur on the 22<sup>nd</sup> December 2022 at Central Hall of WWAGS, Wangjing, Thoubal District. The function was facilitated by Tongbram Babulal Singh, Khundrakpam Maniton Singh, Lairenlakpam Boldash Singh, Tekcham Rameshwor Meitei, Ashangbam Dhaneshwor Singh and Leishangthem Damu Singh as the Chief Guest, the President and the Guests of Honour respectively. More than 70 persons took part in the function. After the Chief Guest, the President and Guests of Honour took the chairs, special homage was given to (late) L. Suvakumar Singh, the founder, General Secretary of WWAGS by the family of the founder, invitees and staffs of WWAGS.

The programme of the function was inaugurated with welcome address and key note address by Laishram Premananda Singh, the present General Secretary of WWAGS, Wangjing- Manipur. He gave thanks to the founder Secretary (Late) L. Suvakumar Singh for his hard work to form the organisation and his hard work in implementing many projects for the people of Manipur, especially for the women section. And then, he highlighted the projects implemented in the past and the projects being implemented at present.

In the speech of the functional Chief Guest, Tongbram Babula Singh narrated the long journey of Wangjing Women and Girls Society. He said that the participation of women in social events was very less in the past. Even now, only very few women comes out to take part in social events. (Late) L. Suvakumar Singh was one of the pioneers who really tried hard to help and improve the standard of females in this society. That was the main reason why this rightful name “Wangjing Women and Girls Society” was given to this organisation. In the speech of Guests of honour they also spoke about the hard work and dedication of the founder General Secretary. After the speech of Guests of Honour, a shawl was given to each of all the participants.

The functional President, Khundrakpam Maniton Singh, Retd. Assistant Registrar Co-operative, Govt. of Manipur shared his long experience that the founder General Secretary (late) L. Suvakumar Singh struggled to save this organisation and bring it in progress as well as the hard work of the founder General Secretary to benefit the weaker section of the society. The programme was concluded with vote of thanks by Smt. Sapam Renubala, President of WWAGS with the permission of the functional President.

## Workshop on Organic Farming

A one-day workshop on organic farming was organized by WWAGS on 11<sup>th</sup> January 2023 at Moirang Multipurpose Hall, Bishnupur District, Manipur. The workshop was participated by 46 persons – 25 males and 21 females. Dr. K. I. Meitei, Director, Retd. Director ICM and Dr. L. L. Bijen Singh facilitated the workshop as resource persons. At the beginning of the workshop, the

resource person Dr. K. I. Meitei welcomed all the participants and extended his thanks for attending the workshop in time. The resource person said that organic farming can be defined as an agricultural process that uses biological fertilizers and pest control acquired from animal or plant waste. Organic farming was actually initiated as an answer to the environmental suffering caused by the use of chemical pesticides and synthetic fertilizers. In other words organic farming is a new system of farming or agriculture that repairs, maintains and improves the ecological balance. The resource person indicated that there is a lot of bio resources in the surrounding areas of our villages from which bio-fertilizer can easily be prepared and used for agriculture.

Before the development of chemical fertilizer, different types of bio-fertilizer prepared from different organic masses were used. Till today it is not neglected and is being used extensively because of the understanding of soil pollution caused by using chemical fertilizers. The resource person highlighted its new approach for sustainable use. He said that the bio-cow dung manure preparation based on the bio-conversion of green bio-mass, monsoon-weeds, hedge plants and leaves of fast growing trees. Bio-cow dung preparation is a scientific method of composting in which organic bio-mass is soaked with cow dung slurry and covered by polythene providing optimum temperature, moisture and aeration condition for microbial activity. In this way compost is prepared and yielded in a short period of 1-2 months. He also highlighted the utilization of agro-waste through vermi farming and stated that earthworms, the farmers' friend can convert agro-wastes into valuable bio-fertilizers and bio-fuels and this promotes organic re-cycling process crucial for maintenance for soil fertility. Earthworms with their particular characteristic of feeding, borrowing and excreting serve an important function of converting waste into fertilizers. These wonderful organisms break up organic matter, combine it with soil particles and enhance microbial activity, thereby maintaining the fertility. Ashes of briquettes after being burnt or lignite from farm weeds are also used as bio-fertilizer in organic farming.

The resource person stated vermi compost made from green monsoon weeds, leafy bio-mass contains more nitrogen and good humus content. Vermicompost manure is also rich Micro-flora which helps in improving soil health and adds to the natural fertility of soil. He further said about the heap method of preparing bio-fertilizer. Bio-Mass manure is also made at ground level heap, under the tree shades and it does not require any specific structure like pits and tanks as other methods do.

The resource person further stated, "bio-fertilizer is chiefly made for agricultural field from bio-mass, monsoon weeds and leaf litter with very little cow dung. Initially, bio-mass is piled up in systematic layers, roughly each layer of thickness of 6" to 9" containing dry agricultural waste, green bio-mass, leaflets, cutting of hedge plants and tree leaves. Two turnings are given to this heap at the interval of 15 days. Fully decomposed dark colour compost is prepared in 50 to 60 days. The resource person emphasized the participants to turn their mind towards organic farming and practice it fully for the years to come". Thus a one-day workshop on organic farming was concluded peacefully after a short interaction.

## One Day Training Programme on “Mushroom Cultivation”

A one-day training Programme on “Mushroom Cultivation” was organised by WWAGS, Wangjing-Manipur on 6<sup>th</sup> February 2023 at Senior Citizen Home, Wangjing, Narengbam Leirak, Thoubal District Manipur and the training programme was attended by 33 women. The programme was facilitated by Asem Robinson Singh as resource persons. The resource person at the beginning of the session thanked the participants for attending the training programme on Mushroom Cultivation. The resource person, explained why we should do mushroom cultivation and why we should eat mushroom.

Mushroom is a food that not only meet our calories needs but also have compound beneficial for our health. In fact mushrooms are among the best vegetarian foods available. Mushrooms are a rich protein source having essential amino acids required by the human being. After rains many mushrooms appear from nowhere, especially in grassland, near manure heap, dung or rotting straws/wood. 14000 species of fungi are considered as mushrooms. But all mushrooms found in the nature are not edible. Some mushrooms are even poisonous. Out of these, only 3000 have been considered to be truly edible. However, it is not possible to cultivate all of these. Despite all the efforts, it is successful to cultivate only about 200 species experimentally out of which 60-70 are cultivated commercially and about 10 are cultivated on industrial scale. Moreover, with increasing population the land is shrinking and mushroom cultivation utilizes vertical space and requires minimal land making it possible to promote mushrooms in pre-urban and urban areas also. So, we require mushroom cultivation to get the identified edible mushrooms from minimal land with very less effort. The material left after growing mushrooms, commonly referred as spent mushroom substrate, can be processed into manure. Thus, mushroom cultivation is an important method to promote sustainable manure based farming.

There is decline in income of farmers in traditional agriculture. To ensure that the farmer gets assured income month after month, there is a need for diversification in agriculture, that is, needs to cultivate different type of crops. One of the options is to grow mushrooms which can be grown on straws and other agricultural wastes.

Unlike plants, mushroom cultivation is an indoor activity. It is possible to grow mushrooms in a particular season under natural conditions. It is possible to grow mushrooms throughout the year under controlled conditions. An additional advantage is that very less land is required for growing mushrooms.

After a brief explanation on mushroom cultivation the resource person taught the process of growing mushroom on straws to the trainees. After a long interaction between the resource persons and trainees the programme was concluded successfully.

## Observation of International Women’s Day 2022

Wangjing Women and Girls Society (WWAGS), Wangjing, Manipur-India has been observing International Women’s Day on the 8<sup>th</sup> March every year. For this year 2023, International Women’s Day was observed at Gahtao Village Community Hall, Noney District on the 8<sup>th</sup> March 2023. The programme was participated by 50 participants including 25 inmate women and



other 25 women from this locality. Shri Dr. M. Rajendro Singh, (RRTC – NE), and Mr. Lalringum Kholum facilitated the programme as Resource Person.

Shri Dr. M. Rajendro Singh expressed that International Women’s Day has been being celebrated on the 8<sup>th</sup> March every year to honour women, salute their courage, celebrate their success and raise awareness about women’s equity. For this year, the theme of International Women’s Day is “Gender equality today for a sustainable tomorrow” aims to recognise women who are working to build a more sustainable future.

He mentioned further that in India, National Women Day has been being observed on the 13<sup>th</sup> February every year in the sweet memory of our departed women leader Sorojini Naidu, the Nightingale of India to mark her birth anniversary celebration. In our state Manipur, we have been observing the celebration on the 12<sup>th</sup> December as Nupigi Numit annually as to remember our departed women who sacrificed their live in the struggle against scarcity of rice.

For the international level, International Women’s Day has been being celebrated annually on the 8<sup>th</sup> March as to remember a women called Clara Zetkin, a German Marxist theorist, communist activist and advocate for women’s right. She had been involving with socialist movement in Germany since 1870 and her name frequently came up in Manchester Guardian reports on the annually International Socialist and Trade Union Congress. She was also a fervent campaigner for women’s rights and universal suffrage.

Mr. Lalringum Kholum said that it is a day that everyone shows appreciation, love and respect towards women. A women is said to be a beautiful creation of God. It is also fact that all the great personalities of the world are born from women’s womb and have taken their initial teaching from a woman. And that is why people give due respect to women in their lives. The Resource Person further expressed that the world is moving towards gender equality. It is moving towards a balance between both men and women. A change is required and is also essential. It is observed that men have had more advantages in every sphere of life in comparison to women since ages. However, this needs a change that we all are human beings and should be treated equally with rights and opportunities. All across the world, different events take place including movements and March to observe International Women’s Day. There are some countries where women are not treated equally with men. This way of discrimination should be replaced. In this regard, protests against such kind of treatment have been observed for the liberation of women folks.

Mr. Lalringum Kholum added further that women are also at the forefront of the battle against Covid-19, as frontline and health sector workers, as scientists, doctors and caregivers, yet paid 11 percent less globally than their male counterparts. In an analysis of Covid-19 task teams, 87 countries were found that only 3.5 percent of them had gender parity. When women lead, we see positive results. Some of the most efficient and exemplary response to the Covid-19 pandemic were led by women. And women, especially young women, are at the forefront of diverse and inclusive movements online and on the street for social justice, climate change and equality in all parts of the world. Yet, women representatives in the parliaments are still very low in the world wide.

That’s why, this year’s International Women’s Day is rallying cry for gender equality.

*Prepared By*

**Wangjing Women and Girls Society (WWAGS)**

**WWAGS Office Building, Wangjing**

**Opp. Wangjing Post Office**

**P.O. Wangjing, P.S. Thoubal**

**Thoubal District, Manipur – 795148**

**Tel No. : 03848 – 222605**

**Fax No. : 03848 – 222605**

**Website: [WWAGS.org](http://WWAGS.org)**

**E-mail Id : [wwagss@gmail.com](mailto:wwagss@gmail.com)**